

Humboldt County Board of Supervisors  
Agenda Item Transmittal

Special Presentation

From: Supervisor Neely  
Meeting Date: May 5, 2009  
Time Required: 10 min.

Contact for Information

C-2

Name: Nancy Hampton  
Telephone: 476-2390

Subject: Proclaim May 2009 as Mental Health Month in Humboldt County.

Summary: The Humboldt County Mental Health Branch of the Department of Health and Human Services and the Humboldt County Mental Health Board has requested the Board of Supervisors proclaim May 2008 as "Mental Health Month".

Requested Action: Adopt the Proclamation.

  
Signature

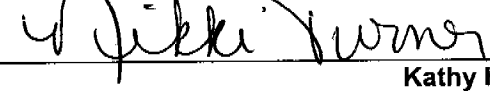
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BOARD OF SUPERVISORS, COUNTY OF HUMBOLDT

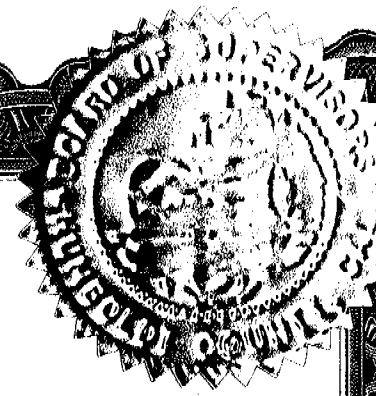
Upon motion of Supervisor **NEELY**  
Seconded by Supervisor **DUFFY**  
and unanimously carried by those members present, the Board hereby approves the recommended action contained in this Board report.

Dated: 4 May 5, 2009

KATHY HAYES  
Clerk of the Board

By:   
Kathy Hayes

**PROCLAMATION  
OF THE  
BOARD OF SUPERVISORS  
COUNTY OF HUMBOLDT**



**WHEREAS**, May is "National Mental Health Month" and greater public awareness about mental illness will change attitudes and promote mental health recovery; and

**WHEREAS**, many people with a mental illness require a behavioral health approach that encompasses both mental health and substance abuse recovery; and

**WHEREAS**, the Humboldt County Department of Health and Human Services is committed to serving the behavioral health needs of the children, youth, adults and older adults of our community by promoting recovery, combating stigma and discrimination, and providing evidence based practices to insure community members experience the best possible outcomes; and

**WHEREAS**, within the next year, one out of every four people in our community will experience some form of mental illness either personally or through a family member; and

**WHEREAS**, mental illness strikes without regard to age, gender, race, social status or income level; and

**WHEREAS**, behavioral health recovery is a journey of healing and transformation enabling a person with a behavioral health problem to live a meaningful life in a community of his or her choice while striving to achieve his or her full potential; and

**WHEREAS**, stigma and discrimination negatively impacts the lives of people with behavioral health challenges hindering their recovery, and fear of discrimination keep many people who would benefit from behavioral health services from seeking help; and

**WHEREAS**, research shows that the most effective way to reduce stigma and discrimination is through personal contact with someone with behavioral health challenges; and

**WHEREAS**, good mental health is critical to the well-being of our families, communities, schools, and businesses.

**NOW, THEREFORE**, the Humboldt County Board of Supervisors hereby proclaims

**MAY 2009 AS MENTAL HEALTH MONTH**

to highlight the needs of those with mental illness and to recommit our community to increasing awareness and understanding of mental illness as well as to recognize the many private and public organizations and individuals who work tirelessly throughout the County to support community members with mental illness in their recovery.

DATED: May 5, 2009

*Jimmy Smith*  
JIMMY SMITH, Chair

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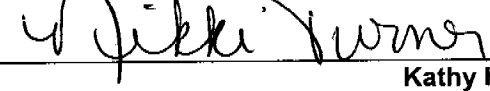
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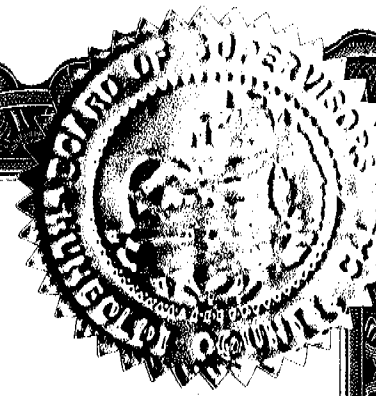
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JIMMY SMITH, Chair